

## Overview

The CarePath® system measures urine output and helps your provider diagnose and manage potential bladder conditions.



## Welcome to CarePath

By using CarePath you provide valuable information to your provider to help improve your care. You will receive guidance along the way via daily text messages on how to use the CarePath device.

You will also receive educational videos from your healthcare provider explaining your CarePath study.

**It is very important that you follow the text instructions and click the links to watch the videos.**

Your patient navigator will also contact you by phone to check on your progress and answer any questions you may have.

Let the journey begin!



## Voiding with the CarePath Device

Please follow the daily text instructions at your wake up time and use the device as instructed by your navigator each day.



Hold the CarePath device as shown over the toilet.

CarePath turns on automatically during use.

Void into the device bucket and the urine will drain into the toilet bowl.

Men usually use the CarePath device in a standing position. If you prefer, the CarePath device can also be used in a sitting position.

2

When ready to void, position the handle until you see a solid green light and then void.



Green light indicates that the handle is in the proper position.



Adjust the position if you see a yellow light. Roll or tilt the handle until the light is green. Voiding data is still being collected when the light is yellow.

Red light indicates an error. Please call CarePath support at (855) 222-6038.

3

After you finish voiding, rinse the bucket in the sink with the handle pointed up and the bucket pointed down so no light is visible. Store the handle in the black carrying case between voids.

## Will I be contacted throughout my CarePath study?

Your provider's navigator will contact you throughout your CarePath study.

A CarePath representative may also contact you after you receive your CarePath device.

## Does my patient navigator follow my voiding data every day during the voiding study?

**YES** – every time CarePath is used the voiding information is sent automatically to your patient navigator.

This voiding data is reviewed daily by your patient navigator and feedback, instructions and educational videos from your provider will be sent to you by text or phone at the appropriate time in your care pathway.

## What if I need to get in touch with my navigator or CathPath support?

If you have any questions about using CarePath, please call your navigator or, if unable to reach them, call CarePath at (855) 222-6038.

## CarePath Calendar for Each Day of Your Voiding Study

Day 1	To begin your study please record one void today.
Day 2&3	For 2 days we gather a voiding diary. Record every void.
Day 4-21	Record one void a day, preferably your first void after you wake up for the day.
Day 22	Today you will repeat your voiding diary. Record every void.
Day 23	<b>Congratulations, your voiding study is complete.</b> Your provider has the voiding information they need and will review it with you at your next appointment.

**Now that you have completed your voiding study, please return your CarePath device in the box it arrived in by following the instructions provided.**

*Discovering the care you need, where you live.*

*Thank you for using CarePath!*



## Cautions and Warnings

-  DO NOT use the device outside temperature range of 50 to 104 F.
-  DO NOT disassemble, crush, incinerate, or expose device to temperatures above 212 F.
-  To clean CarePath, rinse it in water. DO NOT use any other cleaning method or agent. DO NOT put CarePath in the dishwasher.



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For support call: (855) 222-6038